



QAYG TABLE RUNNER

(Seam allowance of $\frac{1}{4}$ " used throughout)

Making Your Runner :

- 1) Use of a walking foot is recommended for this project.
- 2) Sew one of the Fabric One strips along one side of each of the Fabric Two and Three $9\frac{1}{2}$ " x $12\frac{1}{2}$ " pieces. Iron the seam under the larger pieces.
- 3) Cut each of these pieces into six : each being 11" x 2" and discard the left over bit.
- 4) Lay the backing fabric down wrong side up.
- 5) Place the wadding on top of the backing fabric and mark the lengthwise half way point on either side.
- 6) Position your centre square with two of its corners on this half way line leaving the same amount of space at the top and bottom. Use about four pins to hold it in place.
- 7) Sew a $9\frac{1}{2}$ " x 2" Fabric Two strip on each of two opposite sides of the Centre square and iron open.
- 8) Sew an 11" x 2" Fabrics One and Two joined strip to each of the other two sides and iron open.
- 9) Sew a $9\frac{1}{2}$ " x 2" Fabric Three strip to the Fabric Two strips starting at the end with the little square. Iron open.
- 10) Sew an 11" x 2" Fabrics One and Three joined strip to each of the other two sides and iron open.
- 11) Keep adding strips, alternating colours and ironing after each addition.
- 12) Carefully trim sides leaving a $\frac{1}{4}$ " either side of the centre square corners (should be about $13\frac{3}{4}$ " wide – don't fret if it's not)
- 13) Join binding strips, iron in half along the length and apply to the front side of the runner.
- 14) Anchor binding on the back of the runner by hand.